

AUGUST

MON

TUES

WED

THURS

FRI



MILES PERRET.ORG/TRIATHLON

200-YARD SWIM. 8-MILE BIKE. 2.3-MILE RUN.

XXXX **MPCS TRIATHLON**
SATURDAY, AUGUST 16 | BOURGEOIS HALL



KICKS FOR MILES

2025
BREAK-A-THON
PRESENTED BY
ACADIANA KARATE
SATURDAY, AUGUST 23
ALL PROCEEDS BENEFIT MILES
PERRET CANCER SERVICES

				1
				SAT 2
4 Pilates Express: 10 - 10:45am Sit & Fit: 11:15am - 12:15pm <i>Mobile Miles: Opelousas</i>	5 Toning: 10 - 11am Breast Cancer Support Group: 5:30pm	6 Circuit Training: 10 - 10:30am Line Dancing: 11am - 12pm Beginners Yoga: 5:30 - 6:30pm	7 Toning: 10 - 11am <i>Mobile Miles: New Iberia</i>	8 Balance Bone & Density Class: 10 - 10:55am Gentle Yoga: 11-12pm
				SAT 9
11 Pilates Express: 10 - 10:45am Sit & Fit: 11:15am - 12:15pm <i>Mobile Miles: Opelousas</i>	12 Toning: 10 - 11am La Femme Bra & Prosthesis Fitting: 10am - 2pm by appointment only Prostate Support & Awareness Group: 6:00pm <i>Mobile Miles: Crowley</i>	13 Circuit Training: 10 - 10:30am Line Dancing: 11am - 12pm Beginners Yoga: 5:30 - 6:30pm	14 Toning: 10 - 11am <i>Mobile Miles: New Iberia</i>	15 Balance Bone & Density Class: 10-10:55am Gentle Yoga: 11-12pm MPCS TRIATHLON SMILES for Miles at Premier Lanes SAT 16
18 Pilates Express: 10 - 10:45am Sit & Fit: 11:15am - 12:15pm <i>Mobile Miles: Opelousas</i>	19 Toning: 10 - 11am	20 Circuit Training: 10 - 10:30am Line Dancing: 11am - 12pm Beginners Yoga: 5:30 - 6:30pm	21 Toning: 10 - 11am <i>Mobile Miles: New Iberia</i>	22 Balance Bone & Density Class: 10 - 10:55am Gentle Yoga: 11-12pm Creative Expressions: Pen and Ink Floral Drawing 11am - 1pm RSVP KICKS FOR MILES SAT 23
25 Pilates Express: 10 - 10:45am Sit & Fit: 11:15am - 12:15pm	26 Toning: 10 - 11am	27 Circuit Training: 10 - 10:30am Line Dancing: 11am - 12pm Beginners Yoga: 5:30 - 6:30pm	28 Toning: 10 - 11am	29
31 Pilates Express: 10 - 10:45am Sit & Fit: 11:15am - 12:15pm <i>Mobile Miles: Mamou</i>				SAT 30

EVENTS

MPCS TRIATHLON
SATURDAY, AUGUST 16TH
7 am

**SMILES FOR MILES:
BOWLING AT PREMIER LANES**
SATURDAY, AUGUST 16TH | 11 am - 1pm

Email will be sent out to RSVP

KICKS FOR MILES
SATURDAY, AUGUST 23RD
9 AM - 12 PM

**CREATIVE EXPRESSIONS:
FLORAL PEN & INK DRAWING**

FRIDAY, AUGUST 22ND | 11 am - 1pm

Learn the art of Pen and Ink Floral drawing with touches of watercolor.

HOURS OF OPERATION:

Monday - Thursday: 8:00am - 5:00pm

Friday: 8:00am - 4:00pm

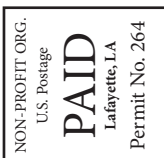
MOBILE MILES

Mobile Miles is making stops by appointment only. To set up an appointment, please call the Miles Perret office at 337-984-1920.

DATE	CITY	LOCATION
MON 4	OPELOUSAS	OGH South Campus
THURS 7	NEW IBERIA	SHIPS Medical (602 N. Lewis St. Dauterive H.)
MON 11	OPELOUSAS	OGH South Campus
TUES 12	CROWLEY	Acadia Gen. Cancer Center
THURS 14	NEW IBERIA	SHIPS Medical (602 N. Lewis St. Dauterive H.)
MON 18	OPELOUSAS	OGH South Campus
THURS 21	NEW IBERIA	SHIPS Medical (602 N. Lewis St. Dauterive H.)
TUES 26	MAMOU	Savoy Cancer Center (803 Poinclana St)



Mobile Miles is sponsored by Our Lady of Lourdes Regional Medical Center.



MILES PERRET
CANCER SERVICES

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LAFAYETTE, LA 70598
337.984.1920
MILES.PERRET.ORG

